

Are you or do you know someone in the disability community who could use some additional social and emotional support at this time?

**ACCESS LIVING'S
DEPARTMENT OF ARTS AND CULTURE
IS OFFERING FREE**

INDIVIDUAL PEER SUPPORT SESSIONS

Facilitated by disabled-identifying art therapy and counseling graduate students from the School of the Art Institute of Chicago, peer support sessions are a safe space for disabled-identifying people to process their lived experiences and receive empathic social-emotional support. People who are interested in using the artistic process to grow their art practice or work through their experiences are especially encouraged to participate.

*Note: This is not a substitute for traditional counseling/therapy

**Interested in learning more
or referring someone
to the program?**

**Please contact
Bri Beck, LCPC, ATR at
bbeck@accessliving.org**

